

Do I want Private Lessons or Learn To Skate Group Classes?

Private lessons are individual lessons. They may be scheduled throughout the day during a public session or in a freestyle session (schedules are available at the front desk). We currently have 18 instructors on staff. Each instructor sets their own rate (between \$60.00 and \$80.00 per hour) and scheduling. If you are interested in setting up a private lesson: talk to the instructor directly or contact Caroline Baker/Skating Director, at 817-419-0095. Lessons are usually done in 15 minute increments. Skaters pay the coach directly and session fees are paid at the front desk.

Learn to Skate Group classes are offered on Tuesday or Saturday (beginner classes). Classes meet once a week for 30 minutes. Skaters receive free skate rental on the day of their class plus unlimited free public skating admission during the LTS class session. Each skater will also receive 3 free guest admission passes, for friends or family. There is a 10% discount (Full price classes) for additional family members. Our classes follow the ISI (Ice Sports Industry) curriculum. We accept enrollment forms at any time for our 7 or 8-week sessions. If you have any questions, contact Caroline Baker/Skating Director at **817-419-0095**.



***I-20 & South Cooper Street
3815 Cooper Street
Arlington, Texas 76015
www.iceattheparks.net
817-419-0095***

ICE at The Parks Learn To Skate Coaching Staff

**Susann Arias
Vanessa Ayala
Karen Becker
Caroline Baker
Christine Conti
Jennifer Konen
Nickolai Korolev
Olivia Langston
Ayane Nakamura
Leine Newby-Estrella
Katherine Nguyen
Hillari Paulk
Meghan Perry
Kathryn Powell
Alexei Sidorov
Sergey Sidorov
Julie Stahl
Ann Voogd**



Susann Arias: Began coaching in 1976. Skated in Ice Shows. Former competitive body builder and personal trainer. Coach of USFS Regional medalists, ISI District & World Champions. PSA certified in Freestyle and Sports Science with a level 2 Ranking. Gold Test judge's certification. Member of ISI. Teaches Freestyle, Moves in the Field, Off-ice Strength & Conditioning. Teaches group & private lessons.

Vanessa Ayala: 20+years of experience skating & performing. Skated with Texas Chilly Peppers Synchro Skating Team. Coaching experience in Freestyle, Production/Theater, Competitive and Recreational skating. Specializing in choreography & props. ISI District 11 Merit Award recipient. Gold Test judge's certification & WeSkate Certified. Member of ISI. Teaches group & private lessons.

Karen Becker: Graduate of TCU Music Ed. Full time music director at Garner Fine Arts Academy, Grand Prairie ISD. Coaches the Southwest Sparklers Synchronized Skating Teams. Skates with & coaches the Texas Chilly Peppers Adult Synchro Skating Team. Gold Test and Synchro judge certification. Member of ISI.

Caroline Baker: *ICE at The Parks*, Skating School Director. ISI District 11 Director. Skated professionally with "Holiday On Ice" 1976–1978. Studied Elementary Education at Northeast Louisiana University. Skating coach since 1979. Taught at Tandy Center Ice Rink for 21 years. ISI 2010 Skating Director of the Year. District 11 Merit Award recipient. WeSkate Certified. Gold Test judge certification. Member of ISI. Teaches private lessons.

Christine Conti: Over 15 years of coaching experience: Tandy Center Ice Rink, Skatin' Texas & ICE at The Parks. Competed as an adult skater in District and National events. Trains and competes in USFSA Ice Dance. Bronze Test judge certification. Member of ISI. Teaches group lessons.

Jennifer Konen: Began coaching over 12 years ago. Holds a B.S. in Psychology from SHSU, M.S. in Psychology from TCU, Ph.D. in Experimental Psychology from TCU. Coaches SW Sparklerettes, Junior Team. Silver Test judge certification. Member of ISI. Teaches group & private lessons.

Nickolai Korolev: Junior National Gold Medalist of Russia. Principal skater for "Leningrad's Ice Ballet", "Hot Ice Show" and "Holiday On Ice." Junior National coach. Specializes in Freestyle, Moves In The Field, Pairs and off ice training. Masters Degree in Physical Education. Member of PSA, USFS & ISI. Teaches group & private lessons.

Olivia Langston: Over 12 years of experience skating, competing & performing. Competed at ISI World Rec. Championships 6 years. Skated with SW Sparklers Synchro Skate Team, 7 years & current member Texas Chilly Peppers Syncho. Coaches SW Sparklerettes Synchro, Sr. Training/Experience in Ballet, Choreography & Beginner through Freestyle skating levels. Member of ISI. Teaches group & private lessons.

Ayane Nakamura: 11 time Japanese National competitor, International competitor for Team Japan. Principal performer for Disney On Ice & Royal Caribbean Cruise Ships. Member of ISI. Teaches group & private lessons.

Leine Newby-Estrella: May 2015 graduate of DBU with B.S. degree in Biology, concentrations in Kinesiology & Chemistry. Over 18 years of experience in skating, competing and performing nationally and internationally in Freestyle, Ice Dance (solo & pairs), and Synchronized Skating. Gold Test judges certification and member of USFSA, ISI and PSA. Specializing in Basic Skills, Freestyle, Moves in the Field, Choreography and Off-Ice. Over 8 years of coaching experience with skaters of all skill levels in Skate Canada (Canskate), ISI and USFSA. Teaches group & private lessons.

Katherine Nguyen: Began skating at age 6. Over 12 years of skating experience. Participated in competitions and shows. Gold Medalist, USFS Moves-in-the-Field and Freeskate. Member of ISI. Teaches group & private lessons.

Hillari Paulk: Twenty six years of experience skating/competing/performing. Eleven years coaching. Associate's Degree in Performing Arts. Specializes in costume design, choreography, & spins. Trained & competed in Ice Dance, USFSA. Skated with Texas Chilly Peppers Synchro Skating Team. Coaches SW Sparklerettes, Jr Team. ISI District 11 Merit Award recipient. Gold Test judge certification. Member of ISI & USFSA. Teaches group & private lessons.

Meghan Perry: Twenty five years skating, competing & performing experience. Former skating director at Ridglea Ice Land. Trained with Olympic Gold Medalist, Natalia Mishkutionk. Specializing in Personal Development, Choreography, Freestyle, Moves in the Field, Conditioning & Flexibility. Certified Turbo Kick-Boxing. Member of ISI. Gold Test judge certification. Teaches group & private lessons.

Kathryn Powell: BS-Ed.-TAMU. G.C. Library Science UNT. Skated with Texas Chilly Peppers Synchro Skating Team and coached SW Sparklerettes Synchro skate team. Coaching experience in Production/Theater, Synchro skating, competitive and recreational skating. WeSkate Certified. ISI District 11 Merit Award recipient. Bronze & Synchro Test Judges certification. Member of ISI. Teaches group & private lessons.

Alexei Sidorov: Began skating in Russia at an early age. USSR National Jr. Figure Skating Team, 1978-1981. Coach for Central Army Sport Club, 1978-1981. Master of Sport of Russia in Figure Skating. Specializes in Moves in the Field, Freestyle and Off-Ice Training. Coach of USFS national medalist skater. Silver Test judge certification. Member of ISI and USFS. Teaches group & private lessons.

Sergey Sidorov: US National & International Competitor, Competed Dance & Pairs. Principal Performer for Disney On Ice & Royal Caribbean Cruise Ships. Bronze Test judge certification. Member of ISI. Teaches group & private lessons.

Julie Stahl: Graduate of TCU degree in Art Education. Gold & Synchro test judge's certifications. ISI District 11 Merit Award recipient. Coaches Southwest Sparklers & Southwest Sparklerettes Synchronized Skating Teams & skates on & coaches Texas Chilly Peppers Synchro Skating Team. More than 20 years of experience in skating/performing/competing. Coaching experience in Freestyle, Synchronized Skating, Choreography. WeSkate Certified. Member of ISI. Teaches group & private lessons.

Ann Voogd: USFS Gold Medalist in Moves, Pairs, Freestyle. Coaches ISI and USFS. USFS Silver Medalist in Freedance, 2 PreGold Compulsory Dances. 2017 MVP for State Games of America. 2003 Thai Olympic Team Member. ISI World Gold Medalist. Gold Test Certification. Coaches the Jr. Sparklerettes Synchro Team. Teaches group & private lessons.