



ICE at The Parks

September 19 & 20, 2020

17th Annual ISI Open Competition

SOLO COMPULSORIES (Pre-Alpha – Freestyle 10)

Skaters are to perform only the three maneuvers below in any order with a minimum of connecting steps. Each maneuver may only be attempted one time. Additional maneuvers, such as any jump, spin, or gliding maneuver from a test level or any uncaptured moves are not allowed.

Please Note: There is no penalty given for the quantity of swizzles, wiggles, strokes or crossovers in the Pre-Alpha – Beta levels. Only the quality of these maneuvers is comparatively judged.

SELECTED MANEUVERS FOR 2020

Pre-Alpha – Freestyle 4 will be on 1/2 ICE ONLY / Freestyle 5 – 10 will be on FULL ICE

Pre-Alpha	Forward Swizzles / Right One Foot Glide / Backward Swizzles
Alpha	Forward Stroking / Left over Right Forward Crossovers / 1-Foot Snowplow Stop
Beta	Backward Stroking / Left over Right Backward Crossovers / Left T-Stop
Gamma	LFO 3 Turn / LFI Mohawk Combo / Hockey Stop
Delta	Lunge / LFI 3-turn/ Bunny Hop
Freestyle 1	Forward Inside Pivot / Waltz Jump / Forward Arabesque
Freestyle 2	1/2 Lutz Jump / 1-foot spin / Dance Step Sequence
Freestyle 3	Toe Loop Jump / Change Foot Spin /Dance Step
Freestyle 4	Flip jump / Sit Spin / 1/2 Loop jump
Freestyle 5	Camel- Sit-upright Spin / Axel / Fast Back Scratch Spin
Freestyle 6	Axel-1/2 Loop-Flip / Choice spin (Cross-foot/Layback/Sit-Change-Sit) / Split Falling Leaf Jump
Freestyle 7	2 Walley jumps in a row/ Flying Camel spin / Double Toe Loop jump
Freestyle 8	Double Flip jump / Camel-jump Camel spin / Split Lutz
Freestyle 9	Double Lutz jump / Flying Camel into Jump Sit spin / Axel-Double Loop jump combination
Freestyle 10	Double Axel-Double Toe Loop jump combination / Death Drop / Three Arabian Cartwheel or Butterfly jumps

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Dance events include: Solo, Partner (similar or mixed), and Pro Partner. Dances will include the following sequences or dances. **Two patterns** should be skated for each sequence or dance.

Dance 1 Chasse Sequence

Dance 2 Dutch Waltz

Dance 3 Rhythm Blues

Dance 4 Swing Dance

Dance 5 Willow Waltz

Dance 6 Fourteen Step

Dance 7 Tango

Dance 8 Kilian

Dance 9 Paso Doble

Dance 10 Viennese Waltz

Interpretive

Interpretive: Freestyle 1-10 and All Open Freestyle levels.



Refer to your ISI Handbook *2018 Edition* for more information.