



ICE at The Parks

September 14 & 15, 2019

16th Annual ISI Open Competition

Solo Compulsories will consist of the following maneuvers:

Pre-Alpha – Freestyle 4 will skate on half ice only / Freestyle 5-10 will skate on full ice.

Please Note: There is no penalty given for the quantity of swizzles, wiggles, strokes or crossovers in the Pre-Alpha – Beta levels. Only the quality of these maneuvers is comparatively judged.

Skaters are to perform only the three maneuvers below in any order with a minimum of connecting steps. Each maneuver may only be attempted one time. Additional maneuvers, such as any jump, spin, or gliding maneuver from a test level or any uncaptured moves are **not** allowed.

SELECTED MANEUVERS

Pre-Alpha	Forward Swizzles / Left One Foot Glide / Backward Swizzles
Alpha	Forward Stroking / Right over Left Forward Crossovers / 1-Foot Snowplow Stop
Beta	Backward Stroking / Right over Left Backward Crossovers / Right T-Stop
Gamma	RFO 3 Turn / LFI Mohawk Combo / Hockey Stop
Delta	Lunge / RFI 3-turn/ Bunny Hop
Freestyle 1	½ Flip / 2-foot spin / Forward Arabesque
Freestyle 2	Ballet Jump / 1-foot spin / Waltz Jump-tap toe- ½ Flip Sequence
Freestyle 3	Salchow Jump / Change Foot Spin / Backward Pivot
Freestyle 4	Flip jump / Sit Spin / Loop jump
Freestyle 5	Camel- Sit-upright Spin / Axel / Lutz Jump
Freestyle 6	Double Salchow / Choice spin (Cross-foot/Layback/Sit-Change-Sit) / Split Jump
Freestyle 7	1-Foot Axel-Quarter Flip-Axel Sequence/ Flying Camel spin / Double Toe Loop jump
Freestyle 8	Double Loop jump / Camel-jump Camel spin / Split Lutz
Freestyle 9	Double Lutz jump / Flying Camel into Jump Sit spin / Axel-Double Loop jump combination
Freestyle 10	Double Axel-Double Toe Loop jump combination / Death Drop / Three Arabian Cartwheel or Butterfly jumps

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Dance events include: Solo, Partner (similar or mixed), and Pro Partner. Dances will include the following sequences or dances. **Two patterns** should be skated for each sequence or dance.

Dance 1 Chasse Sequence

Dance 2 Dutch Waltz

Dance 3 Canasta Tango

Dance 4 Swing Dance

Dance 5 Willow Waltz

Dance 6 Foxtrot

Dance 7 Rocker Foxtrot

Dance 8 Kilian

Dance 9 Paso Doble

Dance 10 Viennese Waltz

Interpretive

Interpretive: Freestyle 1-10 and All Open Freestyle levels.

*These events will follow the rule changes effective *September 1, 2018*. Please refer to your ISI Rule Revisions *2018 Edition* for more information.